Women's Sexual and Reproductive Health COVID-19 Coalition Shortage of Norethisterone (NET) pills in Australia: Advice for GPs

Explore patient's needs and preferences

- effectiveness

Alternatives to NET pills

PBS LISTED

NON-PBS LISTED

- Vaginal ring
- Copper IUD

Support the change

- Provide advice on safe and effective contraceptive choices and explore compatibility with the patient's specific needs and preferences
- Refer patients who show an interest in LARC to a LARC provider

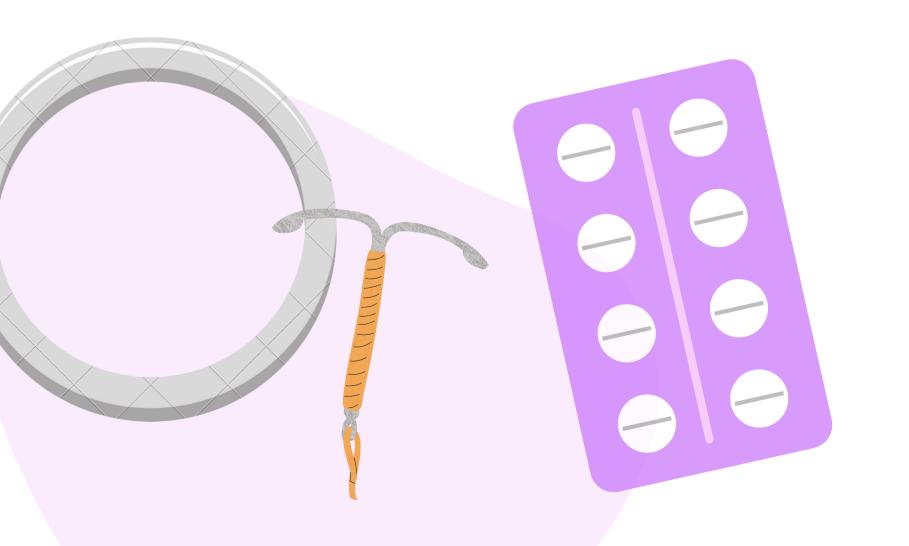
NET pill shortages: dates unavailable

COMBINED PILLS

NORIMIN-1: 24 Dec 2019 to 2 Dec 2020 NORIMIN: 26 Mar 2020 to 17 Nov 2020 BREVINOR: 26 Mar 2020 to 11 Nov 2020 BREVINOR-1: 27 Mar 2020 to 16 Oct 2020 NORINYL-1: 30 Jul 2020 to 28 Aug 2020 **PROGESTOGEN-ONLY PILL**

NORIDAY: 9 Jul 2020 to 15 Nov 2020

*Dates advised by TGA may be subject to change. https://apps.tga.gov.au/Prod/msi/Search/Details/norethisterone



VISIT WWW.SPHERECRE.ORG/COALITION-OUTPUTS FOR MORE INFORMATION

• This includes (but is not limited to) non-contraceptive benefits, tolerable and intolerable side-effects, affordability and effectiveness

 Raise awareness of the range of contraceptives, including long-acting reversible contraception (LARC; IUDs/implant), contraceptive injection, and the vaginal ring Include information about the method's risks, benefits, side-effect profile, cost and

• Combined levonorgestrel (LNG) pills (similar side-effect profile to combined NET pills, likely to benefit acne, similar reduction in menstrual blood loss)

• LARC methods (LNG IUDs, implant) and contraceptive injection are effective, longerterm alternatives

• The progestogen only pill (mini-pill) Microlut in place of Noriday

• Combined pills - insufficient evidence to recommend one over another

• Support the switch from a NET pill depending on safety, effectiveness, benefits,

- affordability and potential side-effects
- Consider non-contraceptive benefits including reduction in menstrual blood loss and
 - acne control. A Cochrane review indicates no pill type is superior for acne

