



The ORIENT Study

ImprOving Rural and regional accEss to long acting reversible contraceptioN and medical abortion through nurse-led models of care, Tasksharing and telehealth.

SUMMARY

We are actively recruiting general practices located in rural and regional Australia to participate in a study which aims to implement a collaborative nurse-led model of care to improve access to long-acting reversible contraception (LARC) and early medical abortion (EMA) for women in rural and regional Australia.

WHO IS RUNNING THE STUDY

The ORIENT study is led by Prof Danielle Mazza, Director of the SPHERE Centre of Research Excellence in Women's Health in Primary Care

ELIGIBILITY

- Practice must be located in rural or regional Australia
- At least 2 GPs and 1 practice nurse are willing to enrol. The practice manager will serve as the study liaison.

WHAT IS OFFERED

To implement the **nurse-led model of care** for delivery of LARC and EMA services, enrolled practices will receive access to an:

- Free, accredited online training on implant insertion and removal
- Online education on delivery of LARC and EMA services
- Educational outreach with experts to assist with implementation of the nurse-led model
- Participation in a virtual Community of Practice for access to professional peer support, expertise and resources to support LARC and EMA service delivery

TIME COMMITMENT

- Up to 3 hours of online education
- Completion of contraceptive implant training on insertion and removal (if not previously undertaken)
- 1-hour educational outreach with clinical experts

EXPRESS YOUR INTEREST

Interested in joining ORIENT or want to learn more? Scan the QR code or contact us via the details below:



<https://redcap.link/1riyibx>

P: 03 9902 4447 E: ORIENT.trial@monash.edu

BENEFITS TO THE GP, PRACTICE NURSE, PRACTICE MANAGER AND PRACTICE

GPs and Practice nurses will receive:

- \$500 reimbursement for GPs and \$200 for practice nurses on completion of intervention bundle
- CPD points/hours for participation in education (pending RACGP accreditation)
- Accredited contraceptive implant insertion and removal training
- 1-hour educational outreach with experts to support implementation of the nurse-led model
- Access to an online community of practice with clinical resources on LARC and EMA

The practice manager will receive:

- \$100 gift card for participating in the educational outreach session and serving as the study liaison.

At the end of the trial, each practice will receive:

- \$500 for administrative time given to study

P: 03 9902 4447 E: ORIENT.trial@monash.edu W: <https://www.spherecre.org/the-orient-study>

Monash University Research Ethics Committee #29476

